

1984 Girls MSHSL Class AA State Championship

Bloomington Athletic Field (Bloomington Lincoln) - June 9 & 10, 1984

Teams:

Rosemount	32	Park Rapids	16	Hibbing	9	Cambridge	4	Rochester Mayo	2
White Bear Lake	30	Coon Rapids	15	Wayzata	9	Duluth East	4	Spring Lake Park	2
Chaska	26	Forest Lake	14	Alexander Ramsey	8	Edina	4	Stillwater	2
Irondale	26	Hastings	12	Brainerd	8	Mpls Washburn	4	Bemidji	1 ½
Minnetonka	26	South St. Paul	12	Melrose	8	Monticello	4	Frank B. Kellogg	1
Rocori	24	Moorhead	11	St. Francis	8	St Paul Johnson	2 ½	Waseca	1
Mpls North	20	St. Paul Como Park	11	Winona	8	Apple Valley	2		
Mounds View	20	Burnsville	10	Anoka	7	Duluth East	2		
Hopkins	18	Grand Rapids	10	Austin	6	Mpls South	2		
Rochester JM	18	St. Louis Park	10	Bloomington Jefferson	5	Minnehaha Academy	2		

100 Meter Hurdles

1 Kathy Gebeke, White Bear Lake	14.53
2 Michelle Carpentier, St. Francis	14.57
3 Lynn O'Quin, Rosemount	14.60
4 Irene Becker, Monticello	15.03
5 Allyson Grohnke, Moorhead	15.13
6 Kelli West, Hibbing	15.16

100 Meter Dash

1 Claver Williams, SP Como Park	12.31
2 Linda Pachel, Park Rapids	12.43
3 Nancy Golie, Irondale	12.46
4 Judi Maddox, Duluth Central	12.50
5 Teresa Nelson, Spring Lake Park	12.51
6 Ann Kiecker, Coon Rapids	12.51

800 Meter Relay

1 Mpls North (Bridget Shepard, Alicia Bryant, Chaleta Cole, Lisa Walton)	1:44.77
2 Minnetonka	1:45.59
3 Anoka	1:45.61
4 Worthington	1:46.11
5 Melrose	1:46.13
6 St Paul Como Park	1:46.26

3200 Meter Relay

1 Rosemount (Suzanne McKay, Michelle Quintus, Alicia Mundahl, Shelia Haugh)	9:25.75 **
2 Winona	9:26.72
3 Alexandria	9:30.54
4 Hopkins	9:35.75
5 Apple Valley	9:40.06
6 Bloomington Jefferson	9:43.86

3200 Meter Run

1 Stephanie Herbst, Chaska	10:56.15
2 Kim Kauls, Forest Lake	11:17.01
3 Eve Rukavina, Hopkins	11:20.27
4 Sarah Gandrud, Bloom. Jefferson	11:22.75
5 Shelly Covell, Mpls South	11:25.58
6 Mici O'Grady, Waseca	11:29.05

1600 Meter Run

1 Stephanie Herbst, Chaska	5:01.45
2 Patti Walsh, Mounds View	5:10.70

3 Kim Kauls, Forest Lake	5:10.90
4 Heather Doyle, Moorhead	5:11.59
5 Missy Lavine, Hopkins	5:15.81
6 Chris Glover, White Bear Lake	5:16.90

400 Meter Relay

1 Burnsville (Jayne Rongitsch, Ameer Koebnick, Noreen Hondo, Anette Knutson)	49.64
2 Wayzata	49.80
3 Mpls North	49.94
4 Mounds View	49.99
5 Hibbing	50.13
6 Moorhead	50.40

400 Meter Dash

1 Nancy Golie, Irondale	56.66
2 Anne Hill, Mounds View	58.58
3 Kari Albert, Austin	58.73
4 Nicky Minott, Edina	58.99
5 Staci Polcher, Hibbing	59.08
6 Carolyn Ross, SP Johnson	59.09

200 Meter Hurdles

1 Beth Lindblad, St. Louis Park	28.49 **
2 Kathy Gebeke, White Bear Lake	28.87
3 Kari Novak, Hopkins	29.34
4 Sue Gjerset, Washburn	29.57
5 Nancy Frederick, South St. Paul	29.62
6 Dawn Gustafson, White Bear Lake	29.90

800 Meter Run

1 Shelia Haugh, Rosemount	2:16.06
2 Laura Widerski, Alexander Ramsey	2:17.17
3 Amy Mitchell, Hastings	2:17.23
4 Jana Anderson, Cambridge	2:19.79
5 Bobbi Van Amber, Alexandria	2:21.29
6 Bridget Otte, Worthington	2:22.91

200 Meter Dash

1 Nancy Golie, Irondale	25.36
2 Linda Pachel, Park Rapids	25.66
3 Karen Ryan, Chaska	25.92
4 Chris Frey, Hibbing	25.93
5 Suzi Frank, Rochester Mayo	25.97
6 Kara Wallin, Frank B. Kellogg	26.03

1600 Meter Relay

1 Minnetonka (Jane Zwach, Leslie Opfers, Maureen Higgins, Danjela Vicanovic)	3:57.62
2 Rochester John Marshall	3:59.10
3 White Bear Lake	4:00.91
4 Mpls North	4:01.30
5 Stillwater	4:02.17
6 Duluth East	4:03.66

Long Jump

1 Diane Egger, Coon Rapids	18-1 ½
2 Carrie Carpentier, Grand Rapids	17-6 ¼
3 Kathy Suman, Worthington	17-5 ½
4 Karla Kolodjeski, Coon Rapids	17-5 ½
5 Dawn Sollie, Minnehaha Academy	17-5
6 Lori Ciecmerowski, Wayzata	17-2 ¼

High Jump

1 Linda Barsness, Rochester JM	5-5
2 Tracee Wolf, Rocori	5-4
3 Lynn Tomasek, Melrose	5-3
4 Allyson Grohnke, Moorhead	5-3
5 Melissa Toftum, Bemidji	5-2
5 Patty Lake, St Paul Johnson	5-2

Shot Put

1 Julie Eisenschenk, Rocori	43-4
2 Nancy Fleischhacker, Brainerd	41-11 ¾
3 Marcy Muench, Hastings	41-1 ½
4 Shirley Molitor, Rocori	40-9
5 Karen Schaar, Grand Rapids	40-0 ½
6 Stacy Desroches, Anoka	40-0

Discus

1 Sue Doody, South St. Paul	128-10
2 Deb Bohn, Minnetonka	125-11
3 Kristi Janusch, Rosemount	122-9
4 Jenni Espe, White Bear Lake	121-0
5 Julie Eisenschenk, Rocori	120-6
6 Heidi Myles, Duluth East	117-6

** New State Meet & Class AA Record

Notes: Rosemount was coached by Mary Eigner.